An easy guide to making your ZomaJet® Pen growth hormone (10mg)

Before you're ready to Jet, Set, Grow! you'll need to make your growth hormone. Every week you'll need to get a new batch ready.

Put a new adaptor on the Zomacton® (somatropin) (10mg) medicine bottle

- Remove the cap
- Wipe the rubber seal with a sterile wipe
- On a flat surface, PUSH the adaptor down





Make your growth hormone

- Remove the rubber cap from the pre-filled syringe, and take the cap off the adaptor
- PUSH the syringe into the top of the adaptor, and gently pull the plunger up a bit to free any air bubbles
- PUSH DOWN the plunger slowly until it hits the bottom
- PULL the syringe away. Some of the adaptor will come away with it
- Put the protective cap back onto the adaptor
- Your growth hormone is now ready to use!



Using your ZomaJet® Pen

Once you've made your growth hormone, follow these 3 easy steps to Jet, Set, Grow!

1. Fill your ZomaJet® Pen with growth hormone

- Check the Jet Pen head is on and is LOCKED
- PUSH the Jet Pen into the bottle
- Turn the whole lot upside down and TWIST the winder in the direction of 'arrow 2' on the pen until your dose appears in the window
- Turn your Jet Pen over again, and pull the Jet Pen off



3. Cet set for tomorrow

- TWIST the winder until the button clicks back up
- Twist the winder back the other way until you see 0.0 in the window
- Clean your Jet Pen head with a sterile wipe

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine. Side effects can also be reported to Ferring Pharmaceuticals Ltd. Tel: 0800 111 4126. Email: medical.uk@ferring.com

Put the special Jet Pen cap back on and store your Jet Pen in its pouch until tomorrow



2. Cet ready to Jet, Set, Crowl

- UNLOCK your Jet Pen and choose your landing site*
- Hold the Jet Pen to your skin, keeping it straight
- Press the button until you hear the CLICK and leave your Jet Pen in place while you say "Grow!"

Well done!

*These parts of your body are the best landing sites:

Buttocks



Remember, don't put your Jet Pen in the fridge, just the medicine!





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