

# **INSTRUCTION GUIDE**

# Supplies you will need to give your REKOVELLE injection



REKOVELLE pre-filled pen

#### Information about your REKOVELLE pre-filled pen

- The pen can be dialed to give doses from 0.33 mcg to 20 mcg of REKOVELLE in marked increments of 0.33 mcg.
- The dose scale of the pen is numbered from 0 to 20 mcg.
- Each number is separated by two lines, each line is equal to one increment of 0.33 mcg.

#### **Storage**

- Always store the pen with the pen cap on without a needle attached.
- Do not use the pen after the month of expiration (EXP) printed on the pen label.

#### Before use:

• Store the pen in a refrigerator at 2°C to 8°C. Do not freeze.

### After first use (in-use period):

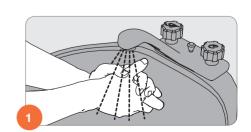
• The pen may be stored for up to 28 days at or below 30°C.

Please visit https://rekovelle.sg to watch the video on the instructions



# STEP 1 - BEFORE USE

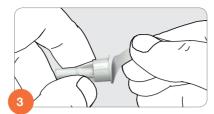
- Wash your hands.
- Do not use the pen if it is damaged.
- Do not use a pen with particles or unclear medicine in the cartridge.
- Make sure you have the correct pen with correct strength.
- Check the expiration on the pen label.



# STEP 2 TO 6 - ATTACHING NEEDLE



Pull off the pen cap.



Pull off the protective foil from the needle.



Click on the needle. You will feel a click when the needle is safely on. You may also screw on the needle. When you feel a light resistance, it is safely on.

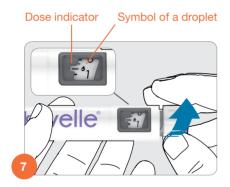


- Pull off the outer needle cap.
- Do not throw the outer needle cap away. You will need it to throw the needle after injecting the medicine.



• Pull off the inner needle cap and throw it away.

# STEP 7 TO 9 - PRIMING



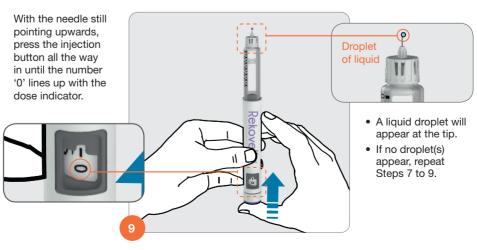
- Turn the dose knob clockwise until a symbol of a droplet lines up with the dose indicator.
- If you dial the incorrect priming dose, it can be corrected by turning the dose knob in either direction until the droplet symbol lines with the dose indicator.



- Hold the pen with the needle pointing upwards.
- Tap the cartridge holder to make any air bubbles rise to the top.

# **Important**

- Only prime your pen the first time you use it.
- If the pen has already been used proceed directly to Step 10.

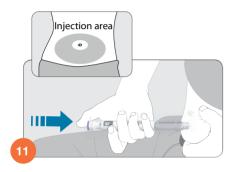


# STEP 10 - DIALING THE DOSE

- Turn the knob clockwise until the prescribed dose lines up with the dose indicator.
- The dose can be corrected by turning the dose knob in either direction until the correct dose lines up with the dose indicator.
- Do not press the injection button when dialing the dose to avoid loss of medicine.
- If you are unable to dial your complete dose, you may need more than one pen to complete your prescribed dose.
- Please refer to split dosing for more information.



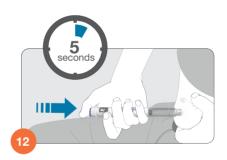
# STEP 11 TO 12 - INJECTING THE DOSE



- Wipe the injection site with an alcohol swab.
- Hold the pen so the dose display is visible during the injection.
- Pinch your skin and insert the needle straight into your skin. After the needle is inserted, press the injection button all the way in and hold.
- When you see the number '0' lined up with the dose indicator, wait for 5 seconds.

#### **Important:**

- Do not use the pen if the medicine contains particles or if the medicine is not clear.
- Use a new injection site for each injection.
- Do not tilt the pen during injection and removal from skin.
- Tilting the pen can cause the needle to bend or break off.
- If a broken needle remains stuck in the body or under the skin, get medical help immediately.



- Release the injection button after 5 seconds. Slowly remove the needle by pulling it straight out of the skin.
- Press a gauze pad or cotton ball lightly on the injection site.

# STEP 13 - DISPOSAL OF NEEDLE

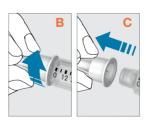
#### Note:

- Always remove the needle after every use. The needles are for single-use only.
- Do not store the pen with the needle attached.





Carefully replace the outer needle cap over the needle with a firm push (A).

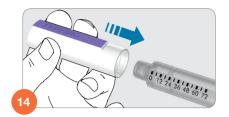


Unscrew the needle in anti-clockwise direction to remove the needle from the pen (B+C).



Throw away the used needle carefully (D).

# STEP 14 - REPLACE PEN CAP



Firmly replace the pen cap on the pen for protection.

#### Note:

- The pen cap will not fit over a needle.
- Keep the pen cap on the pen when not in use.

# **DISPOSAL**

#### **Needles:**

Put your used needles in a puncture-resistant container, such as a sharps disposal container immediately after use. Dispose accordingly.

#### **SPLIT DOSING**

- If you are not able to dial the full prescribed dose in your pen, this means that there is not enough medicine left in the pen to give the full dose.
- You will need to give part of your prescribed dose using your current pen and the remainder of the dose using a new pen or you may use a new pen for the entire prescribed dose.
- Refer to the split-dose diary below for examples of split dose injections.

A Prescribed Dose	B Dose left in pen (Dose shown at dose indicator in dose display window)	C = A minus B  Dose to inject on new pen  (Dose shown at dose indicator in dose display window)
E.g. 11.33	4.00 (4)	11.33 - 4.00 = 7.33 (7 and 1 line)
E.g. 12.00	6.66 (6 and 2 lines)	12.00 - 6.66 = 5.34 round to 5.33 (5 and 1 line)
E.g. 18.33	8.66 (8 and 2 lines)	18.33 - 8.66 = 9.67 round to 9.66 (9 and 2 lines)



