

Healthcare professional discussion guide

Read through these questions to prepare for the discussion with your healthcare professional.

Read the questions below and think about some of your answers. Download and print the discussion guide and take it with you to your appointment with your healthcare professional.

Do you get up at night to urinate?

How many times a night do you wake up to urinate?

Does waking up at night to urinate bother you?

When you wake up to urinate, does it bother your partner?

Do you pass large volumes of urine?

Do you experience a sudden or urgent need to urinate during the day or night?

Do you urinate frequently during the day?

Is your first urination in the morning dark and concentrated or pale and diluted?